



Team Development

Corporate Sailing

Agilem offers the perfect platform on the Lake Lemman for creating a new and different playing field, allowing your team members to display qualities and development areas which reflects their natural behaviours within an office environment.

The amateur crew members can affordably work on their soft skills in the rewarding nautical environment and experience the atmosphere and excitement of a competitive racing event.

Communication and collaboration play a key success role in Sailing

Whether your crew wins or not, participants will have great fun and benefit from a real sense of achievement!

Agilem programme is designed to suit your team's specific business needs, includes one pre-event meeting to set objectives and the facilitation for the day of the event.



Communication and collaboration play a key success role in sailing, although the activity allows each member of the team to be as active or relaxed as you like and still feel part of the action. For a sound development programme, we link the instrument SUCCESS INSIGHTS® to the sailing activities with corporations.

The Tactic Races Two (or more) boats are prepared for a regatta. Step one — race among 2 (or more) teams formed by the same INSIGHTS profiles. Step 2 — race among teams formed ensuring variety of INSIGHTS profiles.

The Crew Navigation One team altogether on 1 large boat and split in 1 active and 1 observing sub-teams which have been formed based on their INSIGHTS profiles (same vs opposite types).

Typical agenda

- 09.00 Participants welcomed by Agilem coaches and skipper(s)
Express expectations and concerns
Safety Brief and yacht familiarisation
- 10.00 Depart for morning sail on the Lake – reaching the regatta zone with buoy
- 10.30 **Module I – Team cohesion (based on behaviours preferences)**
Pre-race practice involving discussion of roles and responsibilities required when sailing the boat
Race 1 – performance challenge 1: a situation requiring a tactical change
- 11.30 Back to port and morning debriefing (ashore)
- 12.00 Packed lunch & soft drinks
- 13.00 **Module II – Team diversity (behaviours preferences) & Inclusion**
Race 2 – performance challenge 2: small incident happens...
- 15.00 Back to port
- 15.30 Break - Tea, coffee, soft drinks & cakes
- 16.00 Afternoon debriefing (ashore)
Review of individual and team performance on the boats.
Team 'key learning' presenting examples and experiences of the day and link with personal INSIGHTS types.
How this can be translated to the workplace.
Action plan: transpose learning into actions
- 17.30 Wrap up and feedback
- 18.00 End

The perfect challenge!

As a team, while experiencing sailing, you will be faced with misunderstanding, lack of strategical plan, needs for tactical decisions, stress, communication issues, conflicts, unexpected events, direction changes, etc...

Topics

When professionally conducted by a certified Professional Coach, sailing as a development method applies well to the following topics:

- Communication
- Conflict Management
- Change Management
- Cohesion and Teambuilding
- Feedback Culture
- Team performance
- Planning
- Delegation
- Motivation

Optional Features (on demand)

- B-plan in case of bad weather (paddling if no wind at all for example)
- Tailored T-shirt for the crew (design: PROJECT/INITIATIVE name, TEAM Name Regatta Date)
- Photo shooting by a professional photograph



Safety

Skipper will ensure you are safe.

Catering

Soft drinks pack comprising of tea, coffee, water, cola, lemonade and orange juice.

Contact us for more info!

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